

CURRICULUM VITAE

DR. KHWAIRAKPAM SHARMILA

Assistant Professor
Department of Human Development & Family Studies
School of Home Science

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EDUCATION QUALIFICATION

Examination Passed	University	Year of Award
Undergraduate	Central Agricultural University, Tura, Meghalaya	2008
M.Sc. (Human Development)	Punjab Agricultural University, Ludhiana, Punjab	2010
Ph D (Human Development)	Punjab Agricultural University, Ludhiana, Punjab	2014

PROFESSIONAL EXPERIENCE (In years)

Teaching Experience: 5 years

Research experience: 5 years

PUBLICATIONS

International

- 1) Prajapati G and **Khwairakpam Sharmila** (2020) Impact of Pandemic COVI-19 on older adults and their wellbeing. *Shodh Sanchar Bulletin: An International Bilingual Peer Reviewed Research Journal*. 10(40): 171-177
ISSN 2229-3620
- 2) Yadav S, Agarwal S and **Khwairakpam Sharmila** (2020) **Assess the health hazards of the chiffoniers in Lucknow city**. *Journal of Ecophysiology and Occupational Health*. 20(3&4): 128-133.
ISSN (Print): 0972-4397 ISSN (Online): 0974-0805
- 3) Rashtogi P and **Khwairakpam Sharmila** (2019) Appraisal of academic resilience of adolescents in Lucknow city. *International journal of Research and Analytical reviews*. 6(2): 37-42
E-ISSN 2348-1269, P- ISSN 2349-5138
- 4) Mishra A, **Khwairakpam Sharmila** and Agarwal S (2020) Exploring the problems faced by school going and non-school going street children. *International Journal of Home Science*. 6(3): 327-331.
ISSN: 2395-7476
- 5) Mourya D and **Khwairakpam Sharmila** (2018) Purpose of using social networking sites by adolescents. *International Journal of Advanced Educational Research* **3(1)**: 34-38.
ISSN: 2455-6157 Impact Factor: RJIF 5.34
- 6) Shailja D, Mishra S and **Khwairakpam Sharmila** (2018) Substance abusive behaviour among drivers in Lucknow city. *International Journal of Research in Humanities, Arts and Literature*. **6(10)**:49-54.
ISSN (E) 2321-8878 Impact Factor (JCC): 3.7985; NAAS Rating: 3.10

- 7) Shailja D, Mishra S and **Khwairakpam Sharmila** (2018) Behavior pattern induced by drug and substance abuse among drivers in Lucknow city. *International Journal of Home Science* **4(3)**: 67-70.
ISSN: 2395-7476 Impact Factor: RJIF 5.3, NAAS Rating: 3.32
- 8) Mourya D and **Khwairakpam Sharmila** (2017) Types of social networking sites used by adolescents. *International Journal of Academic Research and Development* **2(6)**: 1208-1213.
ISSN: 2455-4197 Impact Factor: RJIF 5.22
- 9) **Khwairakpam Sharmila** and Kaur S (2016) Conflicts among Street Children and their Parents: Incidence and Consequences. *International Journal of Advanced Engineering, Management and Science* **2(12)**: 1952-1955.
ISSN: 2454-1311 Impact Factor: 4.121; SJIF: 3.585; ICV: 68.84
- 10) **Khwairakpam Sharmila** and Kaur S (2015) Parental attitude towards street children relating to their work performance. *International Journal of Family and Home Science*. **11(2)**: 145-152.
ISSN: 0973-2608; ICV 2012: 3.63 NAAS Rating: 2.92 (Peer Reviewed)
- 11) **Khwairakpam Sharmila** and Kaur S (2014) Experience of abuse among street children: Nature, magnitude and practices. *American Journal of Advanced Drug Delivery* **2(3)**: 387-396.
Impact factor: 2.647; IC Value: 4.78 (Peer Reviewed)
- 12) **Khwairakpam Sharmila** and Kaur S (2014) Perceptions of street children towards the nature of the parents and their interaction patterns. *International Journal of Advanced Research in Education, Technology and Management* **1(2)**: 46-49.
ISSN: 2349-0012 (Peer Reviewed)
- 13) **Khwairakpam Sharmila** and Kaur S (2014) A scenario of street children in Ludhiana city. *International Journal of Sustainable Development* **7(1)**: 63-70.
ISSN: 1923-6654 (Print); ISSN: 1923-6662 (Online) (Peer Reviewed)
- 14) **Khwairakpam Sharmila** and Kaur S (2014) Determinants leading children to street: A case study approach. *Asian Journal of Home Science* **9(1)**: 290-294.
ISSN: 0973-4732 (Print); ISSN 0976-8351 (online); NAAS Rating: 2.98 (Peer Reviewed)
- 15) **Khwairakpam Sharmila** and Saini S (2013) Adjustment Patterns of newly admitted children in Laboratory Day Care Centre – A Case Study. *Asian Journal of Home Science* **8 (1)**: 320-323.
ISSN: 0973-4732 (Print); ISSN 0976-8351 (online); NAAS Rating: 2.98 (Peer Reviewed)
- 16) **Khwairakpam Sharmila** and Kaur S (2013) Street children in India. *Asian Journal of Home Science* **8 (1)**: 300-304.
ISSN: 0973-4732 (Print); ISSN 0976-8351 (online); NAAS Rating: 2.98 (Peer Reviewed)
- 17) **Khwairakpam Sharmila** and Saini S (2011) Study of the pattern of non-adjustment reactions of the newly admitted children in the Laboratory Day Care Centre. *Asian Journal of Home Science* **21 (2)**: 258-264.
ISSN: 0973-4732 (Print); ISSN 0976-8351 (online); NAAS Rating: 2.98 (Peer Reviewed)

National

- 1) Prajapati G and **Khwairakpam Sharmila** (2020) Role of Assistive Devices in wellbeing of elderly: A review. *Indian Journal of Gerontology*. 34(3): 394-402.
ISSN: 0971-4189.
- 2) Monika and **Khwairakpam Sharmila** (2020) Role of Happiness in health of elderly. *Indian Journal of Gerontology*. 34(4): 544-552.
ISSN: 0971-4189.
- 3) Mishra A, **Khwairakpam Sharmila** and **Agarwal S (2020)** Role of School Engagement in Strengthening Resiliency among School going and Non-school going Street children. *Journal of Seybold Report*. 15(9): 2237-2248.
ISSN NO: 1533-9211
- 4) Karnwal R, **Khwairakpam Sharmila** and **Agarwal S (2020)** Differences in personality development of school going children of Lucknow city. *Journal of Seybold Report*. 15(9): 2754-2765.

- 5) Khrasi A, Nath K G, Bembem K and **Khwaitrakpam Sharmila (2020)** Physico-chemical properties of potato cultivars for their processing suitability. *Journal of Agrisearch*. 7(4):228-233.
ISSN:2348-8808 (Print), 2348-8867 (Online).
- 6) Khanna S, Agarwal S and **Khwaitrakpam Sharmila (2020)** Workplace stress of Female Domestic Workers Residing in Lucknow. *Journal of Seybold Report*. 15(9): 1594-1600.
ISSN NO: 1533-9211.
- 7) **Khwaitrakpam Sharmila**, Kaur S and Javed M (2015) Profile of activities performed by street children in Ludhiana. *Agricultural Research Journal***52(1)**: 84-88.
Print ISSN: 0048-6019; Online ISSN: 2277-1271
NAAS Rating: 3.01 (Peer Reviewed)
- 8) **Khwaitrakpam Sharmila** and Kaur S (2015) An Analysis of causative factors leading children to street in Ludhiana city. *Indian J of Social Research*. **56(4)**: 659-668.
ISSN: 0019-5656; ICV 2012: 4.26
NAAS Rating: 2.79 (Peer Reviewed)
- 9) **Khwaitrakpam Sharmila** and Saini S (2012) Parental Strategies Employed to Facilitate Adjustment of Children in Laboratory Day Care Centre. *Studies of Home and Community Science***6(1)**: 7-13.
ISSN: 0973-7189; NAAS Rating: 2.08 (Peer Reviewed)
- 10) **Khwaitrakpam Sharmila** and Saini S (2012) An Appraisal of the Time Differentials in Adjustment among Children in Laboratory Day Care Centre. *Studies of Home and Community Science***6(1)**: 45-52.
ISSN: 0973-7189; NAAS Rating: 2.08 (Peer Reviewed)
- 11) **Khwaitrakpam Sharmila** and Saini S (2011) An assessment of care provider's techniques to facilitate adjustment of children in Laboratory Day Care Centre. *Prachi Journal of Psycho-cultural Dimensions***27 (1)**: 71-77.
ISSN: 0971-7064; Reg. No. 50959/85

AUTHORED BOOKS

1. Khwaitrakpam Sharmila and Sukhminder Kaur. *Street Children: A Growing Phenomenon of Urbanization*. **2018**, Selective and Scientific Books Publication, New Delhi, ISBN 978-81-89128-75-3.
2. Khwaitrakpam Sharmila. *Early Childhood Care and Education (A Practical Manual)*. **2019** Reliance Books Publication, 6/1 South Patel Nagar, New Delhi 110008. ISBN 978-81-905218-3-3

BOOK CHAPTER

1. Khwaitrakpam Sharmila and Shalini Agarwal. Counselling for mental wellbeing amidst pandemic COVID 19. In *COVID-19 & Emergency E-learning: Consequences and Experiences*. 2020, Star Publication, Agra. Pp: 24-35
ISBN 978-93-81246-99-3.
2. Shalini Agarwal and Khwaitrakpam Sharmila. Inclusion of learners with disabilities in COVID 19. In *COVID-19 & Emergency E-learning: Consequences and Experiences*. 2020, Star Publication, Agra. Pp:88-94
ISBN 978-93-81246-99-3.

SEMINAR/CONFERENCE/SYMPOSIUM /WORKSHOPS ORGANISED

Organized One Day National Symposium on Empowering Girls for Better Tomorrow on Commemoration of National Girl Child Day on 24th January, 2020 as an Organizing Secretary.

RESEARCH SUPERVISION

Degree	Completed	Ongoing
PG	05	03
PhD	-	02

HONORS, RECOGNITION AND AWARDS

- Awarded **best oral presentation** for the paper entitled “Problems faced by street children with police personnel and other people around the street” under the theme Women empowerment through home science technologies during the Biennial conference of Home Science Association of India, held at UAS, Dharwad-Karnataka from January 28-30, 2016
- Awarded **UGC-Rajiv Gandhi National Fellowship Scheme** during the entire tenure of PhD
- **PAU Merit Certificate** for obtaining an overall average point above 8.0 out of 10.00 in the M.Sc. course in Human Development Programme in the university.
- **Cleared UGC-NET** for Lectureship in the year 2011.
- **Cleared All India ICAR-JRF** examination and a recipient of ICAR/Junior Research Fellowship for PG programme.

MEMBERSHIP OF PROFESSIONAL BODIES

- Life membership of *Home Science Association of India*
- Life member of *Social Science and Humanities Research Association*
- Life member of *Healthcare & Biological Sciences Research Association*
- Life member of *Scientific & Technical Research Association*
- Life member of *Teaching & Education Research Association*

INVITED LECTURES

- Delivered a lecture on Psychosocial Development of Children in Preschool at National Institute of Public Cooperation and Child Development, Lucknow on 16th July 2016.
- Delivered a lecture on Concepts of Personality Development at one month training programme in Personality Development for students at the Centre for Personality Development, BabasahebBhimraoAmbedkar University, Lucknow on 1st March 2017.
- Invited Talk on Role of women in agriculture and development at Lucknow Science Congress (LUSCON 2017) on Science Technology and Innovation for Sustainable development organized by the BabasahebBhimraoAmbedkar University, Lucknow on 4th March 2017.

ADDITIONAL INFORMATION (IF ANY)

Administrative Assignments

Warden:

Name of Hostel	Duration	
	From	To
Chitralkha Girls Hostel, Babasaheb Bhimrao Ambedkar University, Lucknow	01-8-2016	27-01-2017
Newly Built Girls' Hostel, Babasaheb Bhimrao Ambedkar University, Lucknow	22-04-2016	May, 2017
Yashodhara Girls Hostel, Babasaheb Bhimrao Ambedkar University, Lucknow	08-7-2019	Continuing

Member:

1. **Board of Post Graduate Studies** of Department of Human Development and Family studies, School of Home Science, Babasaheb Bhimrao Ambedkar University, Lucknow (25/10/2016 to June 2020)
2. **School Board of School of Home Science**, Babasaheb Bhimrao Ambedkar University, Lucknow (09/02/2019 till date)

3. Departmental Research Committee, Department of Human Development and Family studies,
School of Home Science, Babasaheb Bhimrao Ambedkar University, Lucknow
(29/12/2016 to 05/8/2020)

5. Admission Committee, Department of Human Development and Family studies, School of Home
Science, Babasaheb Bhimrao Ambedkar University, Lucknow

COMMUNITY ENGAGEMENT

- Visited Sishindi Village, Mohanlalganj, UP, to sensitize women towards healthy eating and sanitary handling practices to celebrate National Nutrition Week on 6th September 2016.
- Visited Dhanuashand Village, Mohanlalganj, Uttar Pradesh on 2nd May 2016 for interacting and sensitising the villagers regarding Girl education, Family planning, Sanitary handling practices, Low cost recipes etc.
- Visited Primary School in Aurangabad Khalsa, Lucknow to create awareness on different aspects of health and hygiene on 9th May 2019.
- Visited Cheshire Old Age Home, A-Block, South City, Lucknow to celebrate International Day of Older Persons on 1st October 2019
- Visited Community Health Centre and Kangaroo Mother Care Unit, Shivgarh, Rae Bareli, Uttar Pradesh on 27th February, 2020 to sensitize women on Anaemia.