BABASAHEB BHIMRAO AMBEDKAR UNIVERSITY

Vidya Vihar, Raebareli Road, Lucknow - 226025

'NAAC 'A++' Accredited

NIRF RANKED 37

EMINENT LECTURE SERIES

Organised by: Committee for Eminent Lecture Series & IQAC in Collaboration with Department of Yoga

YOGA: FROM INDIAN KNOWLEDGE TRADITION TO MODERN SCIENTIFIC UNDERSTANDING AND HOLISTIC WELLBEING

Prof. Raj Kumar Mittal
Vice Chancellor
BBAU, Lucknow

Prof. Shilpi Verma
Director, IQAC
Chairperson, Eminent Lecture Series
BBAU, Lucknow

Padma Shri
Dr. H. R. Nagendra
President, S-VYASA
Bengaluru

DATE: October 13th, 2026 | TIME: 04:00 PM | VENUE: SEES Hall, BBAU Lucknow

BABASAHEB BHIMRAO AMBEDKAR UNIVERSITY

बाबासाहेब भीमराव अम्बेडकर विश्वविद्यालय

(केन्द्रीय विश्वविद्यालय)

विद्या विहार, रायबरेली रोड, लखनऊ-226025

BABASAHEB BHIMRAO AMBEDKAR UNIVERSITY

(A Central University)

Vidya Vihar, Rae Bareli Road, Lucknow-226025

Ph.: 0522-2440822 Fax-2441888 E-mail: registrar@bbau.ac.in

Letter No: EST/47454-L/BBAU/2026 Date: 08-10-2026

NOTICE

It is for the information of all Stakeholders & Ph.D. Scholars of the University that a Lecture under Eminent lecture Series on the topic **"Yoga: From Indian Knowledge Tradition to Modern Scientific Understanding and Holistic Wellbeing"**, will be delivered by **Padma Shri Dr.H.R. Nagendra, S-VYASA, Bengaluru** on **13.10.2026** at **04:00 PM** in the School of Earth & Environmental Sciences (SEES) Hall of the University.

All are requested to kindly make it convenient to attend the same and make the most of it.

This is issued with the approval of the Competent Authority.

8/10/26

Registrar

Copy to:

1. Chairperson of the Committee for organizing Eminent Lecture Series, BBAU, Lucknow.
2. Deans of the Schools/Heads of the Departments, BBAU, Lucknow with request to ensure presence of all Ph.D. Scholars under their supervision.
3. Finance Officer, BBAU, Lucknow.
4. All teaching & non-teaching staff, BBAU, Lucknow.
5. SO to VCS, BBAU, Lucknow for information.
6. PS to Registrar, BBAU, Lucknow for information
7. Director Computer Centre, for technical support.
8. PRO BBAU, Lucknow with request to arrange necessary social media/media coverage and videography/photography of the event.
9. In-charge University website.

Section Officer (Estt.)